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8<sup>th</sup> June 2022

Dear Parents of St Michael's,

Sports day this year will be held on Wednesday 22<sup>nd</sup> June 2022. The event will take place on the school field and will run from 9:15am, to approximately 11:30am. As we haven't been able to run a Sports day for a few years, we have decided to do things slightly differently. You are welcome to stay after drop off and join us for the whole morning.

Things to know:

1. Please can all children wear their PE kit, including trainers, into school on the day.
2. Please can all children bring a drinks bottle and wear a hat to take around the field with them as it could be hot.
3. **Only take photos of your own child/ren.**

### **Part one – Activity Carousel**

The first part of the morning will be a carousel of activities and exercises. Each class will be split into two groups and they will take part in 12 different activities. The Year 6 children will be split amongst these groups to assist in transitions of children and also take part in the activity. This will take around 90 minutes and parents are invited to watch their children as they complete these events. Any parent wishing to try and beat Mr Smith in the penalty shoot-out, or any activity around the field, please let the activity organiser know.

The 12 activities are as follows:

Chuck a chicken, Hockey ball dribble, Tennis ball bounce, Hula Hooping, Bean bag throwing, Obstacle course, Hurdle relay, Javelin throwing, Circuit exercises, Penalty shoot-out, Rugby relay and a Rest stop.

All activity organisers will be looking to hand out stickers for superstar performers and children showing excellent effort.

### **Part Two – The Races**

After completing all these activities we shall move onto the Track Races. All children will be encouraged to take part in one race - potentially two. This will either be a sprint or a sack race.

**During the races, we ask that all parents stay on the other side of the running track to the children.**



If we have time at the end of the races, we will do a Parent and Teacher race - please wear sensible footwear...

We hope that the day runs smoothly and you can join us for a very enjoyable morning.

Any questions please find Mr Smith in the playground or the Year 1 gate before and after school.

Kind regards,

Mr Smith

